

JUNE: TAKE A RISK

#greatistrisk

M	Tu	W	Th	Fr	Sa/Su
1 Say hi to a stranger Hi there!	2 Go on a blind date 	3 Eat a new cuisine 	4 Start a project you don't think you can finish	5 Go to a party alone 	6 Happy weekend!
8 Ask someone for help or advice	9 Introduce yourself to your neighbors	10 Give away something that's special to you	11 Try out a recipe you think is too hard 	12 Rock a solo karaoke performance 	13 Step out of your comfort zone!
15 Accept a compliment with only "thank you" You rock!	16 Go off the grid for a whole day	17 Explore a new neighborhood 	18 Dance like no one is watching 	19 Go to the movies by yourself	20 Say yes to an adventure! 
22 Send a note to someone you admire 	23 Get back in touch with someone	24 Say "ohm" louder than normal at yoga Ohmmm	25 Apply to your dream job	26 Speak your mind to a co-worker	27 Try something new! 
29 Wear something you usually wouldn't	30 Tell a friend your biggest life goal Dream big!	#greatist			

NOTES
