




# MARCH: BURPEES

#496burpees

M	Tu	W	Th	Fr	Sa/Su
				Add one burpee every day!	1
2 2 You rock!	3 3	4 4	5 5	6 6 You've got this!	7 7 8 8
9 9	10 10 Burpee boss!	11 11	12 12 Keep pushin'!	13 13	14 14 15 15
16 16	17 17 Keep it up!	18 18	19 19	20 20 Master level!	21 21 22 22
23 23	24 24	25 25 So close!	26 26	27 27 Don't quit!	28 28 29 29
30 30  30 Beast of the burpee!	31 31 #greatist	<b>NOTES</b> <hr/> <hr/> <hr/>			